

“Medicinal Plants of the West” Hike with Discussion

Snacks and drinks
will be served

This event is FREE!

Space is limited
You must call us at
(818) 548-3795 to
reserve your place

Wear sturdy shoes,
long pants, and a
long sleeved shirt
Bring sunscreen,
water and a hat



Toyon



California bay



Black sage

***Saturday, September 15, 2018
9:00 A.M. - Noon
Deukmejian Wilderness Park
3429 Markridge Rd, Glendale, CA 91214***

Our host for the morning hike will be Dr. James Adams from the USC School of Pharmacy and Co-author of “Healing with Medicinal Plants of the West - Cultural and Scientific Basis for Their Use”.

Topics to be discussed on the trail include: ways that the Chumash Indians use native plants as medicine; the role that these plants play in everyday healthcare; and tips on where to purchase and how to grow your own medicinal plants.

The hike starts at 9:00 A.M. We will be on a moderately steep trail with uneven footing. There will be several stops to discuss the plants and their medicinal uses.

This event is FREE!!! But space is limited, so you must call us at (818) 548-3795 to reserve your place.

Sponsored By:



**Հայերեն տեղեկությունների համար զանգահարել
հետևյալ հեռախոսահամարով (818) 548-2000**

Para información en español, llame a (818) 548-2000



**REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST.
PLEASE NOTIFY US WITHIN 72 HRS PRIOR TO EVENT DATE.**