

# Shoseian "Whispering Pine" Teahouse

Brand Library Park 1601 West Mountain St., Glendale, CA 91201



## Meditation with Japanese Singing Lin Bowl



**Sunday, Oct 21, 2018**

**2 seatings : 10 AM & 11AM**

**(Maximum 20 people per seating)**

**Yuki Uwasawa is a Certified Massage Therapist who first experienced the healing properties of sound through singing-Lin in 2016, and has been practicing sound healing since. Maximize your relaxation and join us for a Sound Bath at the Shoseian. The Singing-Lin Bowl harmoniously combines the healing qualities of the Tibetan singing bowl and its Japanese counterpart, the Lin bowl. Relax and feel your stress dissipate into thin air as harmonious waves penetrate quickly and deeply, while harmonic overtones delicately realign the body.**

A delicious bowl of matcha tea will be served to all attendees.

**\$20 per person donation**

**RSVP by October 17th to : [friends@shoseianteahouse.com](mailto:friends@shoseianteahouse.com)**

**With your preference for the 10 AM or 11 AM seating, and the # in your party – for maximum benefit, there is a 20 person maximum per seating.**

**Friends of Shoseian is a non-profit IRC Section 501 (c)(3) organization.**

**Contributions can be tax deductible under IRC Section 170.**

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