



**Community Services  
& Parks**

**Parks  
Make  
Life  
Better!**

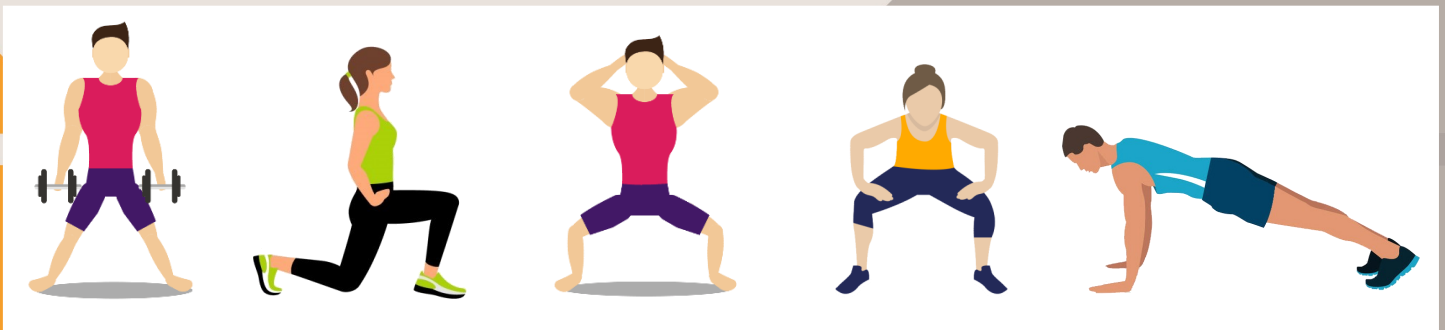
**Therapeutic Recreation Programs Presents:**

# **Virtual Get Fit**

**Monday, November 2 & Monday, November 16**

**4:00 p.m. to 5:00 p.m.**

**Join us “virtually” for a workout session with our popular  
Therapeutic Recreation Program - Get Fit.**



**Please contact Ken Khan by calling (818) 548-3783 or via email:  
kkhan@glendaleca.gov to receive your log-in information.**

**Participants are asked to join: 5 minutes prior to the session to  
ensure successful log-in.**



**REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST.  
PLEASE NOTIFY US WITHIN 72 HOURS PRIOR TO EVENT DATE.**