



Community Services
& Parks



Youth & Family Services Presents:

Virtual Teen Night Out

Changing Bodies, Brains, and Roles

Thursday, February 25, 2021 from 6:00p.m. to 7:00p.m.

Presented by: Armine Gulyan, ACSW
Glendale Unified School District

Learn how changes in your body, brain, and your daily role in the community change your mental health and your emotional well-being.



For more information, or to register, call or email John Maghaguan, Community Services Supervisor at (818) 937-7247 or jmaghaguan@glendaleca.gov



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Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with presenting organization. All topics and speakers are presented for informational purposes. The organization's or speaker's opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.