



Community Services
& Parks



Parks
Make
Life
Better!

Youth & Family Services Presents:

Virtual Teen Night Out

SELF ESTEEM AND POSITIVE THINKING

Presented by **Laura Ourfalian, ACSW**
Glendale Unified School District

**Thursday,
February 4, 2021**

**from 6:00 p.m.
to 7:00 p.m.**



**Learn how to build a strong self-esteem and
maintain a positive attitude about yourself.**

For more information, or to register, call or email John Maghaguian,
Community Services Supervisor at (818) 937-7247
or jmaghaguian@glendaleca.gov



Follow us at @MyGlendaleTeens or #MyGlendaleTeens

Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with presenting organization.
All topics and speakers are presented for informational purposes.
The organization's or speaker's opinions do not necessarily reflect or represent the official policy or
position of the City and its Community Services & Parks Department.