

# SUSTAINABLE NEW YEAR

## IN THIS EDITION:

- Tips for gift giving
- Tips for Holiday Decoration
- New Year Resolutions
- And more!

# 12 DAYS OF SUSTAINABLE *Gift Giving*

**'Tis the season!** Holiday magic is in the air, and the season of giving is here!

Though the excitement of purchasing new gifts and the latest greatest is at an all-time high this year, it's also when we're creating the most demand in greenhouse gas generation. Research from the Ellen MacArthur Foundation found that 45% of carbon emissions come from the production of clothes,

cars, food, and other products. Essentially, the more items and gifts we buy, the more carbon emissions we produce.

Rather than rushing off to the store to buy something new, try these sustainable gift alternatives for happy holiday giving at discounted carbon emission rates.

**Gift their favorite snacks**

**Purchase an experience!**

**Shop second hand!**

**Give a favor coupon book**

**Write a story, poem, or song**

**Take them out to dinner**

**Plant a tree, or name a star**

**Toiletries in reusable packaging**

**Create an upcycled gift**

**Donate to a cause on their behalf**

**Gift a Digital Gift Card**

**Cash! Then they can choose**



Not only will these types of gifts help reduce carbon emissions, but many of them are easy on the wallet. In the end, if you're giving from a place of love and appreciation, we're sure they'll love your gift!



# Sustainable Development Goals

The definition of sustainability varies across the board. Still, the most commonly used definition is the following: sustainability meets the needs of the present without compromising the ability of future generations to meet their own needs (Brundtland Report). In other words, sustainability acknowledges that resources are finite and should be used with longevity in mind. In hindsight, this is a simple principle; we need to create and maintain system conditions in which humans and nature can maintain harmony to support present and future generations. However, its execution has proved to be anything but simple. A favored approach is to follow the pillars of sustainability: social equity, economic viability, and environmental protection.



The three pillars of Sustainability are complex and interconnected. Therefore, the path toward sustainability is equally as complex. The United Nations best broke down the approach towards sustainability in 2015 by adopting the 17 sustainable development goals.

## What are the Sustainable Development Goals, or SDGs?

The sustainable development goals are 17 goals signed by 193 UN member countries. The goals are to ensure economic prosperity, social progress, and environmental protection by 2030. They are the following:

**1** NO POVERTY



To end poverty in all its forms everywhere by 2030.

**2** ZERO HUNGER



End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

**3** GOOD HEALTH AND WELL-BEING



Ensure healthy lives and promote well-being for all at all ages.

**4** QUALITY EDUCATION



Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

**5** GENDER EQUALITY



Achieve gender equality and empower all women and girls.

**6** CLEAN WATER AND SANITATION



Ensure availability and sustainable management of water and sanitation for all.

**7** AFFORDABLE AND CLEAN ENERGY



Ensure access to affordable, reliable, sustainable and modern energy for all.

**8** DECENT WORK AND ECONOMIC GROWTH



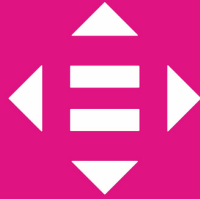
Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.

## 9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



**Build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation.**

## 10 REDUCED INEQUALITIES



**Reduce inequality within and among countries.**

## 11 SUSTAINABLE CITIES AND COMMUNITIES



**Make cities and human settlements inclusive, safe, resilient and sustainable.**

## 12 RESPONSIBLE CONSUMPTION AND PRODUCTION



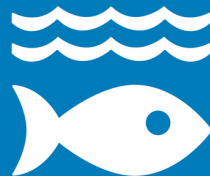
**Ensure sustainable consumption and production patterns.**

## 13 CLIMATE ACTION



**Take urgent action to combat climate change and its impacts.**

## 14 LIFE BELOW WATER



**Conserve and sustainably use the oceans, seas and marine resources for sustainable development.**

## 15 LIFE ON LAND



**Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.**

## 16 PEACE, JUSTICE AND STRONG INSTITUTIONS



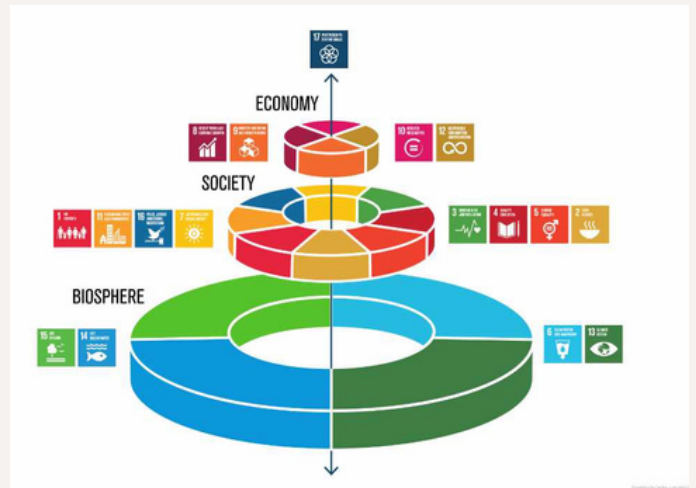
**Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.**



**Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development.**

Each goal has trackers, targets, and progress reports. Each goal is individual yet, approached as a common framework. No goal may be implemented at the expense of another, and we must consider their similarities and tradeoffs when strategizing.

Since the seventeen SDGs focus on three developmental categories – social, economic, and environmental – the three categories are therefore seen as a balanced birthday cake.



But recently, advocates of SDGs are adding another level to the cake: a “good governance” level.

The reasoning is simple: the SDG's goals are ambitious, broad, and transformative. To achieve them, the world needs honest people working in good faith for people and the planet. Thus, SDGs depend on good governance, public want, and global demand.



# Eco-Friendly Decorations



During the festive season, decorating homes add extra joy and coziness to the atmosphere. Unfortunately, most decorations are made of plastic and colored using toxic paints. But, we can still celebrate the season's spirit without buying wasteful decorations that quickly end up in landfills. Through upcycling and DIY, we can create decorations that celebrate the season in a less wasteful manner. You can even make it a family activity, adding to the spirit of the Holidays!

The most sustainable decorations are the ones you already have at home! So if you already have some, reuse them, and if they're not in excellent condition, try following YouTube tutorials on how to fix them. Often, painting old decorations adds new life to them.

Use upcycled materials or things from your kitchen, like oranges, cranberries, and cinnamon sticks to create decorations. You can also forage for natural elements, like pinecones, branches, rosehips, and holly. When you bring the outdoors in, you will buy less and waste less! So try these tips!

- Homemade wreath**
- Dried fruit ornaments**
- Homemade centerpiece**
- Decorate with LED lights**
- Repurpose used ribbons**
- Buy second-hand**
- Try a Buy-Nothing Group**
- Recycled paper garlands**
- Borrow/rent decorations**



# 2023 Sustainability Resolutions

The New Year is typically a time of reflection and resolution. This year, Glendale City officials have shared their sustainability resolutions below.

## Roubik Golanian, City Manager

My 2023 Sustainability goals are to keep a few reusable bags in my car to reduce the number of plastic bags I have to use at the grocery store. I'd also like to begin repurposing everyday items like egg cartons or empty jars for planting and storing leftovers! These minor actions will help my family and I reduce the trash our household creates. If we all concentrate on improving our habits to be more sustainable each day, we can work together to make significant and lasting environmental changes!



## Cole Bazemore, Sustainability Commissioner

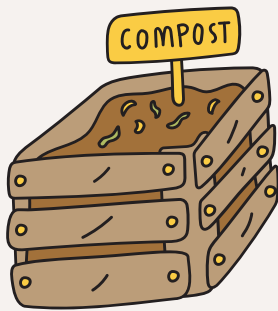
I resolve to learn how to repair broken or damaged possessions, bike more and drive less, and diversify my diet to cut back on meat. I will strive to purchase items that use less plastic, shop locally, and make what I can myself. Lastly, I will redouble my efforts to support sustainable causes and push for a clean, healthy, and livable world for all.





## **Jennifer Pinkerton, Sustainability Commission Vice Chair**

Eliminate food waste within the City of Glendale by promoting composting, organics recycling and edible food recovery programs.

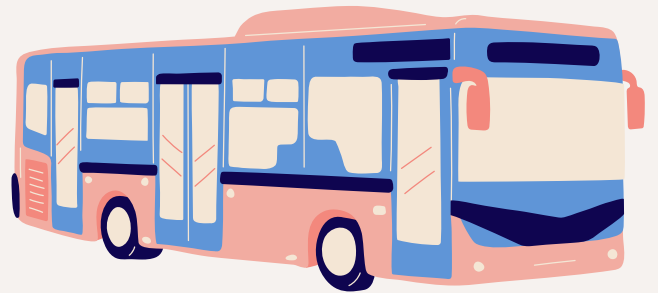


## **Alek Bartosouf, Sustainability Commissioner**

My 2023 New Year's resolution is to reduce my personal carbon footprint even further. My goal is to walk and bike to the places I need to go, and help the City of Glendale promote active transportation by implementing the Pedestrian Master Plan and renewing the city's Bicycle Master Plan. Together, through action, we can make a difference and I'm hopeful we now have the leadership in place to push us forward in the ways that we really need. Individual goals are just one part of what it takes to address this climate catastrophe.

## **Mike Borisov, Ex-Officio Member**

Hello everyone! As we turn the next page to 2023 let's strive for a better Glendale and planet! A goal of mine this year is to encourage people to install LED lights in their homes in order to reduce energy usage and save money on energy bills. As for wishes, I hope we can all work as a community to help start conversations around support for public transit, developing green spaces, and affordable housing development. These three things are interlinked and help reduce the city's emissions, increase social cohesion, and promote more walkable and livable communities for all.



## **Yuzuna Kudo, Ex-Officio Member**

My 2023 sustainability resolutions are to address the climate crisis by implementing impact-oriented projects and raising meaningful awareness in Glendale by encouraging youth involvement. Through the ex-officio projects, I will inform the public of issues pertaining to our environment while empowering the community to make a positive impact. With the network of sustainability/environmental clubs, I hope to inspire youth leadership in our community and environment. With the field trips, I hope to make learning about the City's infrastructure. For the career day, I will work to include diverse jobs to present the variety of green jobs available.

## **What Are Your 2023 Sustainability New Year's Resolutions?**

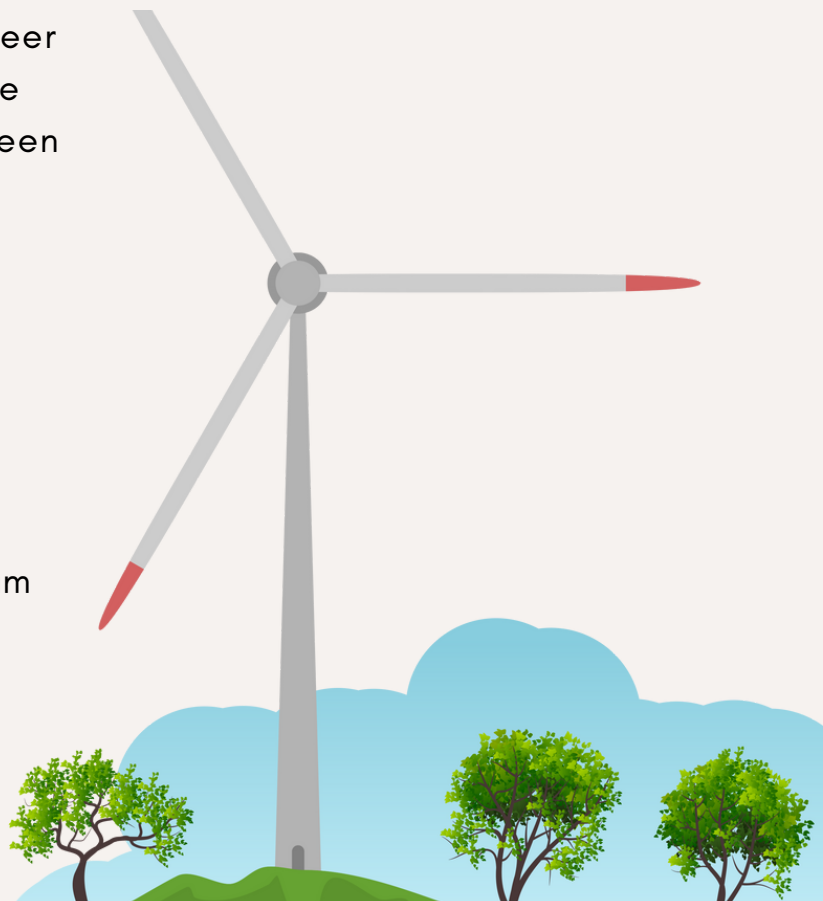
Let us know by tagging us @GlendaleSustainability on Instagram or using #GreenerGlendale.

## **Haig Kartounian, Sustainability Commissioner**

Improve the City's electricity infrastructure to be energy efficient and EV ready.

## **Rondi Werner, Sustainability Commission Chairperson**

To conserve water and improve air quality in Glendale by identifying sustainable solutions that are actionable and equitable.



# Interesting Read



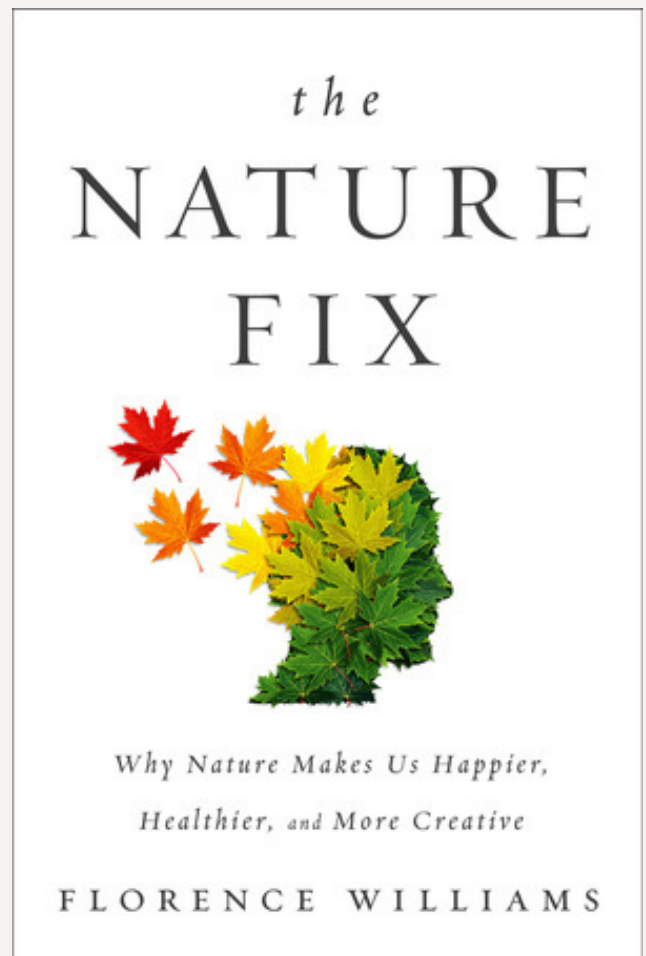
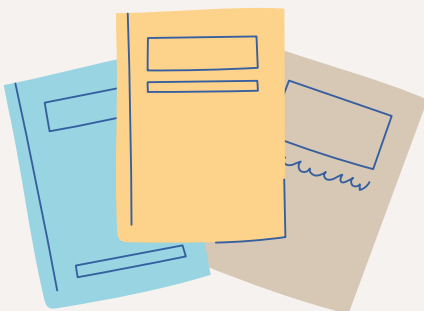
## FROM THE SUSTAINABILITY OFFICE

When we ask residents what they wish to see more of in Glendale, we receive a variety of answers from the community. But consistently, across the board, there is a recurring theme for an increase in Green Spaces.

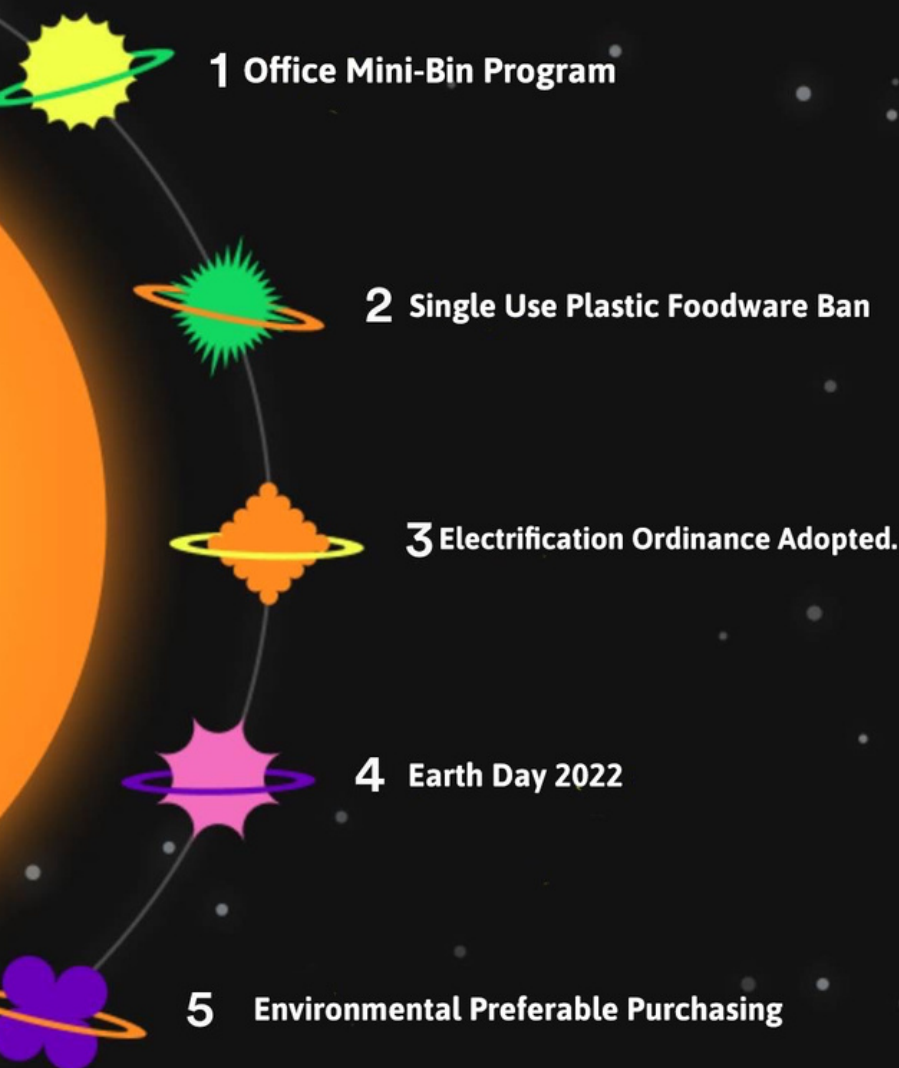
In times of need, it is not uncommon to head to nature. The phrase “nature heals” is a commonly heard. Spending time outside always seems to have a positive effect. For centuries humans have used nature as a means of relaxation. But why is that so?

Delving into completely new research, author Florence Williams uncovers the powers of the natural world to improve health, promote reflection and innovation, and ultimately strengthen our relationships.

As our modern lives shift dramatically indoors, these ideas—and the answers they yield—are more urgent than ever. The book is an easy, relatively short, fun read. Glendale Public Library has copies of it. If you were looking for a new book, our Office recommends picking up a copy.



# Year in Review



## 1. Office Mini-Bin Program

This program switched out the trash bin from City Hall Offices and replaced it with mini bins made from recycled plastic. This encourages employees to produce less waste while working.

## 2. Single Use Plastic Ban

City Council adopted ordinance No. 5973. This ordinance requires food and beverage providers located within the City of Glendale - including restaurants, bars, and convenience stores - to have customers ask for accessory foodware items, such as spoons, forks, knives, napkins, straws, and other items, before receiving them. The ordinance applies to third party delivery services, online orders, as well as dine-in, drive through, and take out customers.

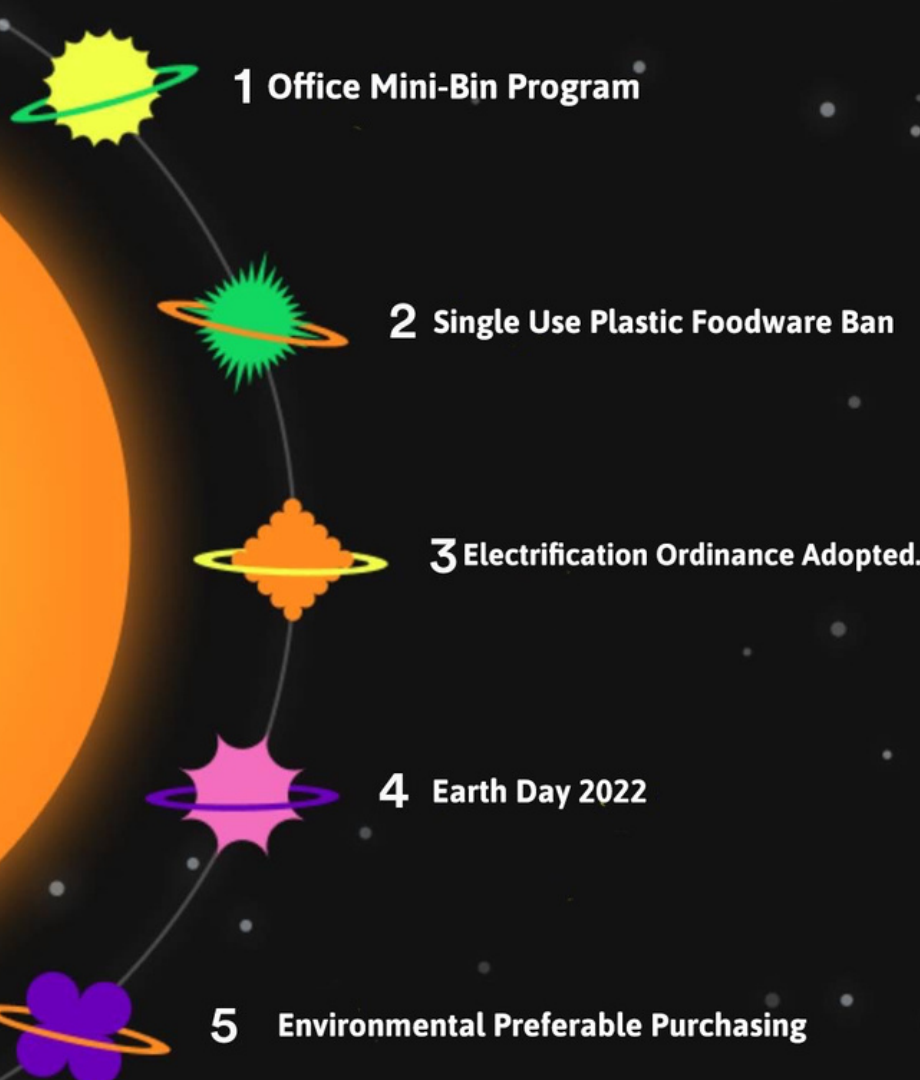
This way, customers automatically “opt-out” of plastic usage.

## 3. Electrification Ordinance Adopted

The Building Electrification Ordinances mean new residential and non-residential buildings built in Glendale after January 1, 2023, would be all-electric, with increased capacity to generate local solar power and increased availability of EV charging infrastructure.



# Year in Review



**1 Office Mini-Bin Program**

**2 Single Use Plastic Foodware Ban**

**3 Electrification Ordinance Adopted.**

**4 Earth Day 2022**

**5 Environmental Preferable Purchasing**

## **4. Earth Day 2022**

The Office of Sustainability held its first Earth Day Pop-Up Fair, featuring green business, family-fun activities, and delicious local food vendors. Additionally, there was a bike repair clinic, a composting workshop, children's activities, an art exhibition, and local vendors.

## **5. Environmental Preferable Purchasing**

The City adopted the Environmental Preferable Purchasing policy. This is an internal City policy that incentivizes purchasing Sustainable products and promote sustainable purchasing practices.

**The Office of Sustainability has also worked on reducing waste and forming a Climate Action and Adaptation plan. We look forward to more progression next year!**



# Holiday Waste Collection

The city will be collecting Holiday waste starting January 2nd, 2023 until March 31st, 2023



Please Make Sure To:

- Remove all ornaments, decorations, buckets, bags, stands, bars, nails and most tinsel.
- Flocked and trees coated with fire retardant are acceptable
- Cut trees greater than 8 feet tall in half
- Place trees at the curb or alley for pick-up on the same refuse collection day

## ATTENTION GCC STUDENTS

Did you know you can receive FREE unlimited rides on Metro, Beeline, and other public transportation systems?

It's part of the GCC GoPass program. All GCC students enrolled in at least 1 credit or noncredit course during the 2022-2023 academic year are eligible.

[Sign Up Here!](#)



# Landscaping Equipment Vouchers Available!

Small business landscape professionals can now take advantage of available point-of-sale vouchers. These vouchers can be used to purchase discounted

## **zero-emission:**

Edgers

Hedgers

String trimmers

Chainsaws

Pole saws

Vacuums

Handheld leaf blowers

Backpack leaf blowers

Walk-behind mowers

Ride-on/Stand-ride mowers

Batteries

Chargers

Power management equipment

**To participate click**

**[Here](#)**



# Volunteer with us!

We post our volunteer opportunities on Eventbrite, and updates on Instagram. Follow our Eventbrite to sign-up on our upcoming events!

[Here](#)



**WE'RE LAUNCHING A PODCAST!**

Click here to take a survey to let us know what you want to hear!

The Office of Sustainability is looking to break into the podcasting game! We're working on a new podcast focused on sharing news and tips about Sustainability, so going green is easier. But, we need your help!

Help choose the new title of the podcast, and let us know what topics to cover. We may even dedicate an entire episode to your idea!





# WHAT'S YOUR WISH FOR A GREENER GLENDALE?

## WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

I want to see massive green walls (like plant walls) on the sides of major buildings in the downtown area!!!

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

## WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

Promote the switch from gasoline & diesel powered transport to electric.

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

## WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

better/cheaper public transpo, encourage it → to help w/ pollution!

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

## WHAT'S YOUR WISH FOR A GREENER GLENDALE?

Write or draw your wish for a more sustainable and livable Glendale.

To save the environment and stop pollution, with the help of more electric cars. Avoiding the use of any gas-powered equipment will also create a "greener" Glendale.

Drop off your wish at a Glendale Library or City Hall lobby. Share it on social media by using #GreenerGlendale.

Let us know how you envision a greener, more sustainable, and equitable Glendale!

[TAKE THE SURVEY](#)





Community Services  
& Parks



**MAPLE INCLUSIVE PLAY DAY**

# MIP DAY

**MAPLE PARK, 820 E. MAPLE STREET**

**GLENDALE CA, 91205**

**December 17, 2022**

**11:00 a.m. - 1:00 p.m.**

Join us at the all-inclusive playground at  
Maple Park for fun activities.

For questions and more information, call (818) 548-3694.



#MyGlendaleParks @MyGlendale



Pacific Community Center is hosting...

# PARENT'S DAY OUT

Sunday, December 18, 2022

Location: 501 S. Pacific Ave. Glendale, CA 91204

Time: 10:00 a.m. - 4:00 p.m.

Ages: 5 - 14 years old

Cost: \$15.00 per child

Drop off the kids for a fun filled day of activities, friends, food and movies at Pacific Community Center.

Registration begins November 11, 2022

## SPACE IS LIMITED!

For more information call (818) 548-4098



Community Services  
& Parks

Parks  
Make  
Life  
Better!



Reasonable accommodations will be made upon request.  
Please notify us within 72 hours prior to event date.





Community Services  
& Parks



YOUTH & FAMILY SERVICES PRESENTS:

# TEEN NIGHT OUT

5:00 P.M. – 9:00 P.M.

For ages 13 -18

FREE SNACKS, REFRESHMENTS & PRIZES

**HANG OUT WITH YOUTH & FAMILY SERVICES  
EVERY FRIDAY NIGHT, AND ENJOY PING PONG,  
PS 4, POOL, AND KARAOKE.**

## LOCATION AND DATES

**PACIFIC COMMUNITY CENTER  
501 S. PACIFIC AVE.  
GLENDALE, CA 91204**

**DECEMBER 2, 9, 16, 2022**

**JANUARY 13, 20, 27, 2023**

**FEBRUARY 3, 10, 17, 24, 2023**



To register or for more information, call or email Community Services Supervisor,  
John Maghaguan, at (818) 937-7247 or [jmaghaguan@glendaleca.gov](mailto:jmaghaguan@glendaleca.gov).



# What's in Season this Winter?



Apples



Kiwis



Avocados

Kumquats



Broccoli



Lemons

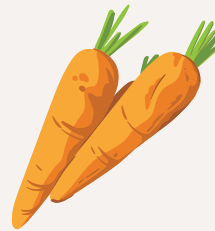


Brussels sprouts

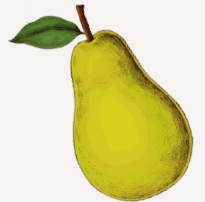
Mustard greens



Cabbage



Oranges



Carrots

Pears



Cauliflower



Persimmons

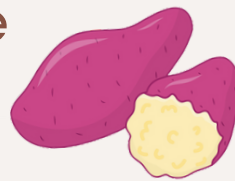


Celery root

Radish



Clementine



Sweet potatoes



Fennel

Tangerines



Grapefruit



Turnip greens

Kale

Winter squash



**Get in Contact:**

**City of Glendale: Office of Sustainability**

**Sustainability@GlendaleCA.gov**

**818 548 4844**

**Access our Newsletter**

**Archive here**