

# Elderly Nutrition Program



Enjoy congregate meal dining with us!  
Ages 60+ are welcome.

Contact (818) 548-3778 to make your **required** reservation.

## Adult Recreation Center

201 E. Colorado St.  
Glendale, CA 91205  
11:30 AM – 12:30 PM  
Lunch Served:  
Monday-Sunday

## Sparr Heights Community Center

1613 Glencoe Way.  
Glendale, CA 91208  
11:30 AM – 12:30 PM  
Lunch Served:  
Monday-Friday



Community Services  
& Parks



[GlendaleCA.gov/Parks](https://www.GlendaleCA.gov/Parks) @MyGlendaleParks #MyGlendaleParks