

# OUTDOOR ADVENTURES

## IN THIS EDITION:

- Letter from the Sustainability Officer
- Flora and fauna identification apps
- Tips to opt outside in Glendale
- Summer Reading Recommendations

# Letter from the Sustainability Officer

Being in touch with the outdoors provides numerous benefits. We all know about the physical benefits of exercise and movement, but there are also the mental well-being benefits of being outside, for instance, stress reduction.

Nature has a calming effect and helps reduce stress levels. Being in natural environments, such as forests, parks, or near bodies of water, can promote relaxation; the soothing sounds, sights, and smells of nature may have a therapeutic effect on our minds, helping us unwind and recover from daily stressors.

I know that a day at the beach helps with my happiness and well-being; breathing in the sea air triggers a sense of relief that often elevates my mood and creates a sense of joy and contentment. The awe-inspiring beauty of the ocean, to this day, evokes a positive emotion and a sense of wonder.

This newsletter focuses on our outdoor environment. We are blessed in Glendale to have nature so close to us, from our parks to the Angeles National Forest, right on our backdoor. I encourage all of us to get out and connect to our natural environment.

I always feel better when I do, and I hope the same for you.



**DAVID JONES**

**Sustainability Officer  
and ocean dweller**

# Apps to Help you Name That...

PLANT, FLOWER, ANIMAL

It's summer, school's out, and it's vacation time. We're bound to spend a lot more time outside. If you're out in mother nature, you may want to know how to identify your oak trees from your sycamores, get your lizards organized, and learn the different bird calls, hoots, and chirps.

To help you get started, we've connected with our resident former wildlife biologist and Innovation Project Manager, Greg Kajszo. He shared his recommendations on the top apps to help you identify the plethora of flora and fauna in California.

## 1 iNaturalist:

This app relies on a global community of naturalists to provide accurate species identification. It works for plants and animals. iNaturalist might take a day or two for a positive identification, but the conclusions are peer-reviewed and reliable.



## 2 Google Lens:

Google has a vast image database that allows its AI to guess what you're looking at instantly. It works for plants and animals (and furniture, art, etc.). The identifications are not always reliable, but they are quick! The AI works better when images have a clear subject.

## 3 Apple's Visual Look Ups:

Apple has a similar feature to Google Lens, allowing it to identify plants and animals taken by your phone. The pros and cons are the same as Google. It relies on you to make the final judgment call - which can be difficult regarding things like birds, plants, and bugs.



## 4 iBird:

iBird was my best friend when I worked as a wildlife biologist. It contains a complete encyclopedia of bird species in the United States. You can compare similar-looking birds, listen to bird calls, and learn about bird behavior and migration paths.

It takes some time to get used to all the features, but once you learn the app, it is the best. Unfortunately, it only covers birds. (Pro Tip: iBird Ultimate usually goes on sale 1-2 times a year and can be purchased very cheaply if you wait for the sale.)

## 5 Reddit.com

Certain subreddits are a great source of information. These work similarly to iNaturalist: you submit a photo with information about your observation, and other users try to identify your subject and vote for other correct identifications. There are unique subreddits for every kind of subject (plants, snakes, birds, fish, etc.).

Happy adventuring!  
Stay safe!



**GREG KAJSZO**

**Innovation Project  
Manager  
and former  
wildlife biologist**



# Share Your Feedback!



## Share Ideas for Bike Infrastructure

The City of Glendale is embarking on a yearlong update to the 2012 Bicycle Transportation Plan (BTP) to create a 20-year measurable blueprint for making biking safer, easier, and more attractive while also identifying biking-related strategies that help support broader goals, such as economic development, public health, climate change, and equity.

[Share Your Feedback Here!](#)

## New Glendale Districts!



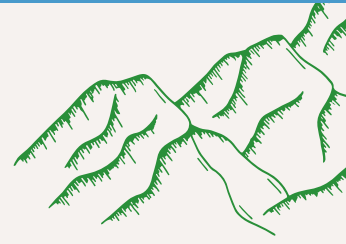
**-NEW-  
DISTRICTING WEBSITE  
MAPGLENDALE.ORG**

The City is considering a plan for six (6) separate council districts and a directly elected mayor. Voters would have the opportunity to elect one City Councilmember who lives in and is elected by voters in their district and all Glendale voters would vote to select their next Mayor. We need your help to draw the proposed City Council districts!

[Learn More Here!](#)



# Outdoors in Glendale



With the longer summer days and the warm weather, it's a great time to get outside and explore - whether the great outdoors or your great neighborhood. If you're looking for inspiration on new places for adventure this summer, here are 5 tips for getting outside for FREE in Glendale.



## Take a Walk in a New Neighborhood.

Getting outside doesn't mean traveling far. Sometimes it can be as simple as going out for a walk. With over 35 different neighborhoods, you're bound to find something new and interesting. Perhaps a cute coffee shop, a cool house, a hidden park, or some new inspiration? Try getting outside more by exploring your neighborhood or check out one of the dozen neighborhoods in Glendale.

## Go for a Hike in Glendale

LA may have Griffith Park, but we have the Verdugo Mountains, San Rafael Hills, and Deukmejian Wilderness Park. Glendale has over 37 miles of fire roads and single-track trails across 5,000 acres of natural open spaces. Try climbing up to Tongva Peak from Brand Park this summer, traversing the foothills along the 2, or check out the wildlife deep in Deukmejian. You may find your new favorite trail close to home. Find maps of Glendale's trails and virtual hikes here.



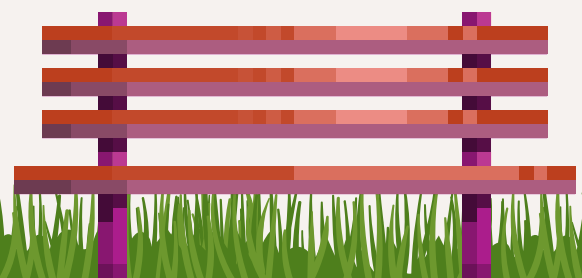


## Check out the California State Library Parks Pass

Perhaps you want to seek adventure further afield from Glendale? Then, check out the California State Library Parks Pass from your local Glendale Library branch. It is a free pass that gives you free vehicle day-use entry to dozens of California State Parks. Grab your family and friends in one car, and explore beautiful beaches, trailblaze through local mountains, or gaze up at the desert starts for free! Simply, check out and return the California State Library Parks Pass like you would a library book.

## Explore the City Parks

If you're up for adventure but want to stay close to home, try exploring some of Glendale's parks. You'll find trails and adventure at Deukmejian, museums and history at Brand, a pool and splash area at Pacific, bike paths and horse trails at the Glendale Riverwalk, and more at the over 40 different parks and facilities in the City. During the summer, you'll find music and movies at multiple parks on various summer nights, as well as fairs and activities during the day.





## Enjoy the great back yard

Whether you have a large yard, a small garden, an open balcony, or a communal outdoor space, going outside can be as simple as setting up a seat outside and enjoying nature in our urban environment. It's a chance to observe our urban wildlife, meet neighbors, and have a change of scenery from our homes. Just spending time outdoors can help with mental health and overall well-being.

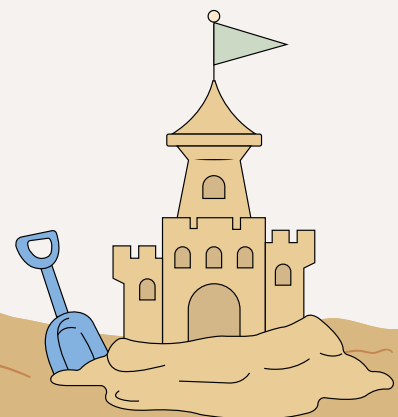
Whether you wander through charming neighborhoods, conquer scenic hiking trails, venture into California's breathtaking state parks, or simply unwind in the City's lush parks and green spaces, there's an adventure for everyone.

We hope this summer that we've inspired you with simple ideas to opt outside and enjoy the great outdoors- be it just outside your home or on a new adventure.



**ELIZABETH HARRIS**

**Sustainability Associate and hiker in training**





# consider the environment

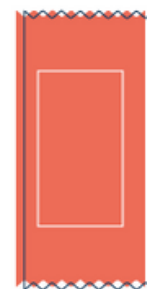
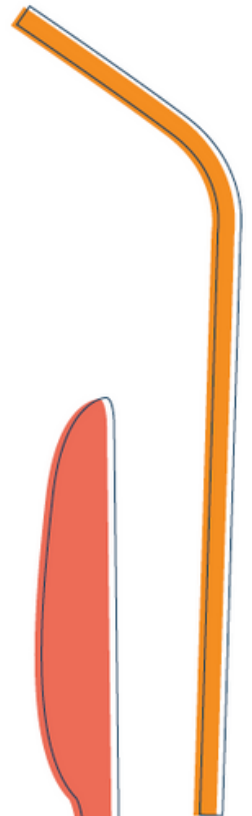
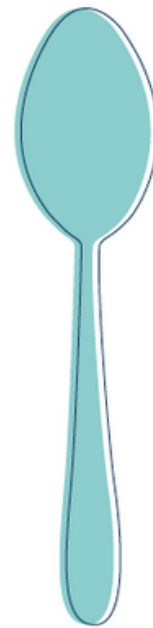
# BE FOODWARE

# AWARE

**ARE YOU IN COMPLIANCE?**

**By request only:**

- **Utensils**
- **Condiments**
- **Napkins**
- **Straws**
- **& other disposable foodware accessories**



# Summer Reading

Do you prefer reading at the beach, in the park, or at home? Wherever it may be, we have some great summer book recommendations for you!



## A Sand County Almanac & Other Writings on Ecology and Conservation by Aldo Leopold

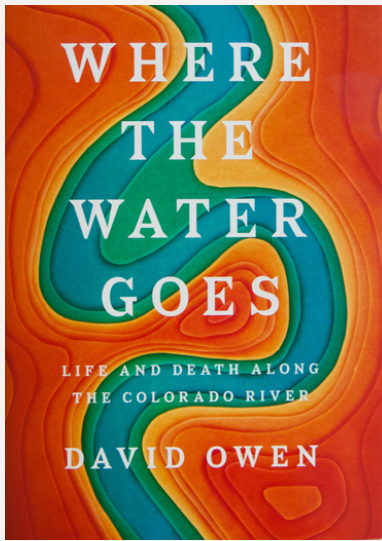
is a collection of articles that passionately promotes protecting and restoring our environment while skillfully capturing the beauty of the natural world. Readers are inspired to acquire a strong sense of ecological responsibility and establish a harmonious relationship with the land through Leopold's profound observations and perceptive insights.



## Fuzz by Mary Roach

is a fascinating investigation of the unexpected and entertaining interactions between people and animals. The book explores the creative methods we deal with animal-human conflict, from trained bees to shark repellents, while posing important concerns about our duties and the fine line we must walk.





## Where the Water Goes by David Owen

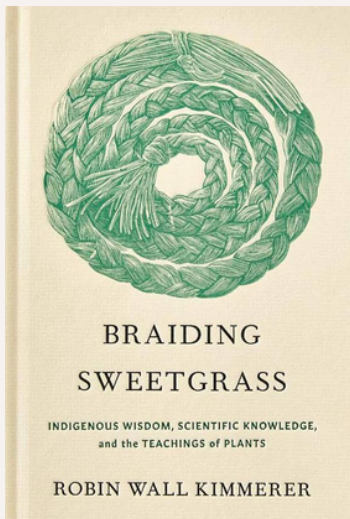
is a compelling exploration of the challenging water difficulties the American West is currently confronting. Owen leads readers on a thought-provoking journey through the complex water management web using investigative journalism and personal storytelling. He does this by exposing the problems, conflicts, and potential solutions in a region struggling with this essential resource's scarcity and sustainability.



## This Changes Everything by Naomi Klein

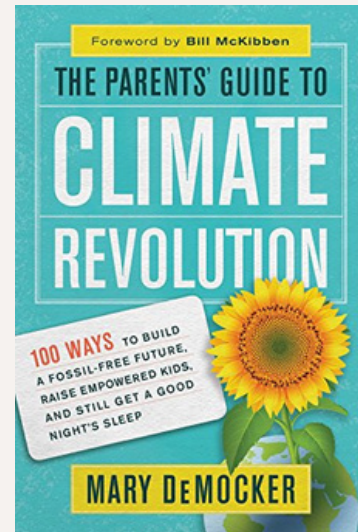
is a ground-breaking investigation into the intricate relationships between climate change and our societal structures. Klein challenges us to face the urgent need for revolutionary action through thorough research and compelling storytelling while providing hope and a road map for building a decent and sustainable future.





## Braiding Sweetgrass by Robin Wall Kimmerer

Is a captivating and passionate journey incorporating indigenous knowledge, scientific discoveries, and individual stories. Kimmerer presents a profound perspective on our duty to look after the Earth and embrace a sustainable future by examining the reciprocal interaction between people and the natural environment.



## A Parent's guide to Climate Revolution by Mary DeMocker

is a helpful guide that gives parents the knowledge and skills they need to effectively combat climate change. DeMocker helps parents become successful advocates for a just and sustainable future for their children by providing practical advice, motivational tales, and helpful tools.

Our office actually had a panel discussion with Author Mary DeMocker!

You can watch the panel discussion [here!](#)



**NORA  
KARAKASHIAN**

**Sustainability  
Intern and  
beach reader**



*Trails & Open Space Program*

# WILDERNESS WORKDAY

**Saturdays,  
Apr. 15, May 20, June 17, 2023**

**8:00 AM - 11:00 AM**

**Deukmejian Wilderness Park  
3429 Markridge Road, Glendale, CA 91214**

Help us water our bigcone spruce and coast live oaks, assist with trail repairs, and remove invasive plants from the park. Please wear sturdy shoes, protective clothing, and bring water. Families, individuals, clubs, and students needing community service hours are welcome. In case of rain, this event will be cancelled.

**Please RSVP at [glendaleca.gov/trails](https://glendaleca.gov/trails)  
For more information, call (818) 548-3795 or email [Trails@glendaleca.gov](mailto:Trails@glendaleca.gov)**

Para información en español, llame a (818) 548-2000.

Հայերեն տեղեկությունների համար զանգահարել հետևյալ հեռախոսահամարով (818) 548-2000.

Please follow the current Health Officer Order concerning masking requirements and safety measures while participating in the activities.



**Community Services  
& Parks**

**Sponsored by:**

**GLENDALE PARKS &  
OPEN SPACE  
FOUNDATION**



## *Shoseian "Whispering Pine" Teahouse*

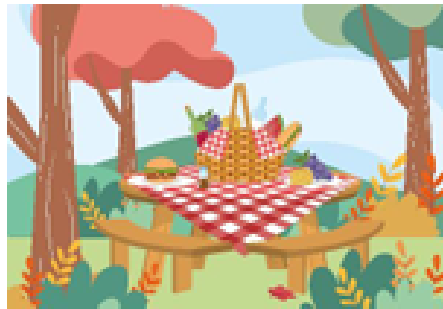
**Brand Park 1601 West Mountain St., Glendale, CA 91201**



### **Family Day**

**June 18, 2023**

**11:00 AM to 3:00 PM**



**Great time to bring your father on Father's Day to the Japanese Friendship Garden in Brand Park.**

**You may look into the Shoseian Tea House, but there will be no tea ceremonies.**

**There are no planned events.**

**Feel free to bring a picnic lunch and enjoy the peaceful tranquility of the Gardens.**

**There is no charge and no reservations are necessary.**



# Bike Safety 101

Need-to-know Bicycle Safety Workshop

## Thursday, June 22

Location: Municipal Services Building  
Room 105

633 E Broadway, Glendale, CA 91206

### 12 pm to 1 pm

Gain some great bicycling tips from Nathalie Winiarski, League of American Bicyclists' League Cycling Instructor - Snacks and refreshments will be provided.

Reserve your spot:



<https://bit.ly/431sX2A>

### Content Covered:

- Helmet & bike checks
- Safety tips
- Rules of the road





Trails & Open Space  
Program

# Batty for Bats! CAMPFIRE PROGRAM

**Saturday, June 24, 2023**

**6:30 pm – 8:30 pm**

**Deukmejian Wilderness Park**  
3429 Markridge Road, Glendale, CA 91214



Learn about native Bats – furry, flapping, and fascinating. Did you know bats are the only mammal capable of true flight? Dana Stangel of Teranga Ranch is our speaker for this program. This will be an evening of songs, skits, smiles, and s'mores. Come at 6:30 p.m. for a craft or arrive at 7:00 p.m. for the campfire program.

- ✔ This event is FREE, but you must RSVP to participate
- ✔ RSVP by visiting [Glendaleca.gov/trails](https://www.GlendaleCA.gov/trails)

For more information call (818) 548-3795.

Para información en español, llame a (818) 548-2000.

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THE CITY OF GLENDALE IS PROUD TO HOST  
GLENDALE CRUISE NIGHT PRESENTED BY C & B LAW GROUP



Free Event



THE 28<sup>TH</sup> ANNUAL

# CRUISE NIGHT

SATURDAY, JULY 15, 2023 • 5:30 P.M. – 10:30 P.M.

IN THE HEART OF GLENDALE ON BRAND BLVD.

Modified imports and exotic cars will be accepted!

GlendaleCruiseNight.com

Information Hotline: (818) 548-6464



## JUMPING JACK FLASH

The tribute to the *Rolling Stones!*



## GREGORY WOLFE AS ROD STEWART



## TICKET TO RIDE

Tribute to The Beatles



Hosted by KCRH 101 Radio Legend

## BRIAN BEIRNE

Mr. Rock N' Roll®

## FIREWORKS SPECTACULAR!

TROPHIES AWARDED! (Categories at Judges' Discretion)



@cruisenightglendale #glendalecruisenight





Community Services  
& Parks



YOUTH & FAMILY SERVICES PRESENTS:

# TEEN NIGHT OUT

5:00 P.M. – 9:00 P.M.

For ages 13 -18

FREE SNACKS, REFRESHMENTS & PRIZES

**HANG OUT WITH YOUTH & FAMILY SERVICES  
EVERY FRIDAY NIGHT, AND ENJOY PING PONG,  
PS 4, POOL, AND KARAOKE.**

## LOCATION AND DATES

**PACIFIC COMMUNITY CENTER  
501 S. PACIFIC AVE.  
GLENDALE, CA 91204**

**JUNE 2, 16, 23, 2023**

**JULY 14, 21, 28, 2023**

**AUGUST 4, 11, 25, 2023**

To register or for more information, call or email Community Services Supervisor,  
John Maghaguian, at (818) 937-7247 or [jmaghaguian@glendaleca.gov](mailto:jmaghaguian@glendaleca.gov).



# SUMMER CONCERTS IN THE PARK

# FREE CONCERTS WEEKDAY EVENINGS

Bring a picnic dinner, folding chairs or blankets for seating.



**7:00 pm to 9:00 pm**



**Verdugo Park (North End)** OR **City Hall's Perkins Plaza**

1621 Cañada Blvd., Glendale CA, 91208

613 E. Boradway, Glendale, CA 91206



Wednesday, **July 5, 2023** | Verdugo Park featuring The Curse

Wednesday, **July 12, 2023** | Verdugo Park featuring Identity Theft the Band

Wednesday, **July 19, 2023** | Verdugo Park featuring Todd Stanford Country Band

Wednesday, **July 26, 2023** | Verdugo Park featuring Dark Desert Highway

Thursday, **July 27, 2023** | Perkins Plaza featuring Verdugo Swing Society

Wednesday, **August 2, 2023** | Verdugo Park featuring The Tribe Band

Thursday, **August 3, 2023** | Perkins Plaza featuring Maybe I'm Amazed

Wednesday, **August 9, 2023** | Verdugo Park featuring Bobby and the Gypsies

Thursday, **August 10, 2023** | Perkins Plaza featuring Orquesta Charangoa

Scan the QR Code or visit [www.Glendaleca.gov/summerconcerts](http://www.Glendaleca.gov/summerconcerts) for the 2023 performer's line-up and concert location. For more information, call (818) 548-2188.

Entertainment subject to change without prior notice. In the event of inclement weather, concerts will be cancelled without prior notice. Handicap parking is available on a first come, first served basis. Alcoholic beverages are prohibited on park property.

In compliance with the Americans with Disabilities Act (ADA) of 1990, assistive listening devices are available upon request. Requests must be submitted 72 hours in advance. Please contact (818) 548-2188 to submit a request.

# APPLY FOR THE SUSTAINABLE STEWARDSHIP AWARD

**Do you know of an individual, organization, or business, that has proactively contributed to sustainable projects?**

Community Sustainability projects include, but are not limited to:

- ✦ Resource conservation
- ✦ Waste Reduction
- ✦ Greenspaces projects
- ✦ Mobility projects
- ✦ Environmental education & outreach

And more!

This is an ongoing award where eligible candidates receive a certificate and recognition from the Sustainability Commission!



**[Apply Here!](#)**

**Get in Contact:**

**City of Glendale: Office of Sustainability**  
**[Sustainability@GlendaleCA.gov](mailto:Sustainability@GlendaleCA.gov)**  
**818 548 4844**

**Access our [Newsletter](#)**  
**[Archive here](#)**