



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.



Community Services  
& Parks



# Mental Health and Stigma: Changing the Story

**January 19, 2024**

10:00a.m. - 11:00a.m.

## Adult Recreation Center

201 E. Colorado St.

Glendale, CA 91205

Room: MPR B



@MyGlendaleParks

Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with presenting organization. All topics and speakers are presented for informational purposes. The organizations or speaker's opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.